



The Pipeline

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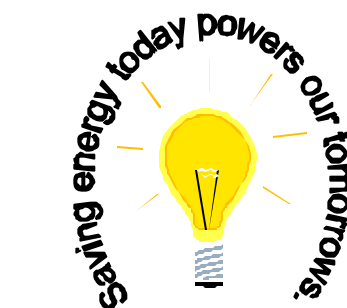
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Flu Shots

Now is the time to think ahead. It is time to order flu shots. Notify your timekeeper by 4:30 p.m. Monday, April 30, if you would like to sign up for a flu shot this fall.

There will be no charge for CFC employees. Unfortunately, contract employees are not included in this order.



Don't Let the Lights Go Out in Kentucky

By Lisa Aug, CFC Communications

We may not write the check to cover the electricity and other energy we use at work, but one way or another we all pay for it. Every watt we use at work is one less available to us at home. Every dime the Cabinet pays utility companies is one less available to pay salaries and fund programs.

Every week in this space, Pipeline will offer a tip on an easy, painless way to save energy at work. We welcome any and all suggestions. If you know of a way each of us can cut down on the energy we use at work, please send a description to lisa.aug@mail.state.ky.us.

Nobody's Watching

When you leave work for the day, turn off your computer monitor. Even when it goes to screen saver, the monitor is still drawing energy as long as it is turned on - \$5 per year for non-working hours. If we turned off every one of the 6,000 monitors in the Cabinet whenever we're not using them, we could save the Cabinet \$30,000 every year or \$2,500 each month.

Yoga Class

The next six-week yoga class will begin May 2, in the CHR Cafeteria at 4:45 p.m. New students will be accepted, and regular students are encouraged to continue. For more information, please contact Julia Rome, instructor, at 227-7434.



Direct Deposit Makes It Easy

Monday, April 30th is payday. Where will your money be? Stuck in your purse or pocket until you make it to the bank? Or safe and secure in your account before you ever get to work?



CFC would like you to consider DIRECT DEPOSIT. It's fast, easy, and secure. Look for a special brochure about it with your paycheck on Monday. And if you initiate Direct Deposit between May 1st and June 15th, you'll receive a beautifully embossed checkbook cover sent directly to your home.

SIGN UP TODAY!! Use the form on the back of the brochure or click on the link below.

<http://www.state.ky.us/agencies/personnel/upps15w.doc>.

Power Outage Scheduled for CHR Building

There will be a power outage in the CHR Complex this Sunday, April 29, for the Frankfort Plant Board to perform maintenance. The power will be off from 7 a.m. until about 2 p.m. on Sunday.

Please make sure that **ALL** computers and printers are turned **OFF** before you leave the office on Friday, April 27. Please make sure that the computers of any absent co-workers are also turned off.

Sick Leave Needed

The KY Commission on the Deaf & Hard of Hearing is in need of donated sick leave for a deaf employee. If you would like to donate leave, contact Paula Wiese, Kentucky Commission on the Deaf and Hard of Hearing, at 573-2604 or email her at pwiese@mail.state.ky.us.

